



[Raising the Ministry Level of God's Church]

**1 Timothy 4:7b
Ephesians 5:15-16**

January 16, 2022

Introduction:

- “This is called _____.”
- It’s not just physical but spiritual.
- 1 Timothy 4:7b
 - “train” is where we get our word _____
- Ephesians 5:15-16
 - We’ll make the most of our time in getting spiritually healthy by focusing on four (4) core spiritual exercises:
 - **God Time** – Time spent _____ alone in fellowship with God
 - **Gather Time** – Time spent _____ gathering in a small group and in worship with my church
 - **Gift Time** – Time spent _____ using my spiritual gifts serving in my church
 - **Go Time** – Time spent _____ going on mission locally and globally
- **God Time – Time spent daily alone in fellowship with God**
 - The example of Jesus:
 - Luke 4:42a
 - Luke 5:16
 - Mark 1:35
 - Matthew 14:23
 - *What will God Time accomplish in your life?*
 1. God Time Allows You to Better Hear God’s _____.
 2. God Time Allows You to Have a Better Spiritual _____.
 - Romans 12:2
 3. God Time Allows You to Better Know God’s _____.
 - A. God’s Indisputable Will
 - B. God’s Guiding Will
 - You need three (3) things:
 1. You need to find a _____.
 2. You need to find a _____.
 3. You need to find a _____.

Conclusion:

- Forty-year-old year old wisdom, still good for today